

# WorkLife

## Complete Services

WorkLife Complete is a customized research and referral service. It provides confidential assistance with a variety of life issues, including:

- ▶ Dependent care (all ages and abilities)
- ▶ Convenience services (fitness center locations, help finding a plumber, pet care needs, etc.)

This service is available 24 hours a day, every day of the year by calling LifeMatters. You will be connected to a WorkLife specialist who will:

- ▶ Gather information
- ▶ Provide ideas and guidance
- ▶ Follow up with resources that meet your specific needs, such as location, availability, and business hours
- ▶ Offer tip sheets, booklets, and other information as needed

Services are available in a variety of areas, including:

### Adoption

- ▶ International adoption resources
- ▶ Adoption agencies

### Education

- ▶ Public and private K-12 schools
- ▶ Colleges and universities
- ▶ Tutoring services
- ▶ Financial aid ideas and guidance

### Child Care

- ▶ Child care centers and family child care
- ▶ Nanny and au pair agencies
- ▶ Before and after-school care
- ▶ Summer camps

### Elder Care

- ▶ Senior housing and care options
- ▶ Community resources
- ▶ Transportation services

### Convenience Services

- ▶ Pet sitting
- ▶ Consumer purchases
- ▶ Travel services

WorkLife Complete provides convenience and peace of mind. Call today to find services that meet your lifestyle needs.




Call **LifeMatters**® toll-free anytime. **1-800-634-6433**

Assistance with Life, Work, Family, and Wellbeing • 24/7/365

**mylifematters.com** • Text "Hello" to 61295

Call collect to **262-574-2509** if outside of North America

TDD and language translation services are available

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